

This AYHSC Monthly Meeting was held on June 1st, 2017 at 5:35 pm at the Whittemore Robbins House.

Staff Present: Ivy Laplante, Karen Dillon

Members Present: Stephen Porciello, Karen Einstein, Cindy Starks, Colleen Leger, Mike Leach, Carlene Newell, Kerry Austin Smith, Pat Egan, Olivia Ramvos, Lainey Woods, and Ellie Egan

TOPIC	DISCUSSION	ACTION
Introductions, Accept Minutes of the May Meeting	Student Advisors and community members all introduced themselves and shared their respective roles in the Arlington community. Carlene moved to approve the May meeting minutes, Ellie seconded. All present approved the May meeting minutes.	Ivy will publish May minutes on town website.
Student Coalition Updates	<p>AHS Student Texts: Megan is now the administrator. She will send out motivational texts before finals and during next school year.</p> <p>Pizza Box Campaign: Stickers are done and ready to use: Olivia and Lainey will lead activity at Arlington House of Pizza and Papa Ginos. Ellie will lead it at Otto and Za.</p>	Karen D will coordinate pizza box project.
SAP-C Grant Updates	SAPC Cluster met to discuss success of SAPC State House Day and examined action plan for next year.	Ivy will continue keep AYHSC informed of action steps.
Project Updates	<p>Meeting with AHS administration: Karen and Ivy have a meeting tomorrow with Dr. Janger to discuss plans for AYHSC and AHS collaboration for the next school year.</p> <p>Marijuana Focus Group at AHS: Coalition discussed summary results of the marijuana focus group from May, and ways to disseminate information.</p> <p>Symmes Grant: AYHSC (collaboration with APS FACS department) applied for funding from the Symmes Foundation to implement the LifeSkills curriculum at the middle school. FACS teachers would facilitate the training. ACHS students suggested that a respected teacher would make a good presenter.</p>	Ivy will share results of focus group, social norms and perception of harm of marijuana use in APS Superintendent's June newsletter.

Policy Updates	<p>Comprehensive Strategy Planning: The Iceland Model of Prevention</p> <p>Coalition members reviewed an article before the meeting and discussed how Iceland drastically reduced substance use over the past 20 years. Some highlights of the model include:</p> <ul style="list-style-type: none"> • A curfew of 10pm on school nights and midnight in the summer. • Mandated family time • Money into resources: fun places for teens to hang out and do pro-social activities. • Protective factors vs. risk factors • Parent education: just being home is not enough. • Iceland created a sense of community and a sense of connection. • Teens struggling with impulse control had assistance managing their behavior and a shared experience with neighbors. <p>Karen E. suggested inviting researchers to conduct a survey similar to this in America.</p> <p>Discussion of reinstating police vs. youth basketball games to strengthen community bonds.</p>	<p>Karen to check with Belmont teen center for hours of operation.</p> <p>Karen and Cindy will look into details of bringing back the APD basketball tournament.</p> <p>Ivy will look into bringing a speaker for a parent forum and youth organization training who can share skills and tools to help promote positive behavior in children.</p>
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Meeting was adjourned at 7:00pm.

The next Coalition meeting will be held on Thursday, September 7th, 2017 at 5:30pm in the Whittemore Robbins House.